



KAROLINSKA INSTITUTET
 Department of Public Health Sciences
 Division of Social Medicine



WHO COLLABORATING CENTRE
 ON
 COMMUNITY SAFETY PROMOTION

SAFE COMMUNITY WEEKLY NEWS

No. 19

September 2005

***** LETTER FROM THE EDITOR*****

Welcome to the nineteenth issue of Safe Community Weekly News in 2005, the electronic Safe Community Weekly News is edited by the European Safe Community Network and the WHO CC on Community Safety Promotion on behalf of Safe Communities Network.

WHAT IS NEW AT SAFE COMMUNITIES?

In this issue:

DESIGNATION: Designation of Trondheim municipality as a Safe Community

PROGRAM: Designation program for Safe Community in Ra'anana, Israel.

PROGRAM: New milestone of Safe Community Development in Taiwan.

SEMINAR: Travelling Safari Seminar, 15SafeComm. South Africa

AWARDS: Contest on Traffic Calming, the Czech Republic

TRAINING: Powerful Engagement for Injury Prevention in Childhood. Switzerland

Still another Norwegian Municipality designated as a Safe Community!



Jens Ivar Tronshart, Leif Svanström and Håkon Grimstad after signing the agreement and handing over the plaque in front of the Safe Community flag



Acting Lord Mayor, Jens Ivar Tronshart, in his opening speech.

At a ceremony on September 14, 2005, the acting Mayor of Trondheim as well as the acting Chief Executive Officer signed the agreement of future cooperation with Professor Leif Svanström of the WHO CC Comm Safety Promotion.



Dr Helge Lund representing the Safe community of Os in Norway greeting Trondheim into the family of Safe communities.



The audience representing the active participants in the safe community development of Trondheim

Safe Community Ra'anana



Designation: September 27, 2005
Name of the Community: Ra'anana
Country: Israel
Number of Inhabitants: 65,000 persons



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Some of the Safe Community intervention programs:

Traffic:

Traffic safety classes for school children; Car seat use promotion; Speed bumps in specific areas where needed; Identifying the place and cause of local road accidents, and taking appropriate action; Bicycle helmet promotion; Overpasses, Safe school route.



Demonstrating how to properly fit a child car seat and an Overpass so children do not need to cross the street on their way to school.



Injury Prevention for the Elderly, 65+



The elderly residents living in the community participate in a multi-factorial intervention program, including:

- Lectures to senior groups to increase awareness and improve skills for reducing the risk of falls and to improve fall-prevention behaviors.



- Balance Assessment
- Exercise classes to strengthen bone density and to improve balance,
- Home Safety Assessment
- Home Safety Kit: includes bathroom and shower grab bars; night light, flashlight and non-slip bath mat.
- Vision and hearing screening tests



New milestone of Safe Community Development in Taiwan National Fifth Safe Community: Shihkang Safe Community

After four Safe Communities in Taiwan have recognized as members of Safe Community Network, the fifth community, Shihkang township, was supported by adjacent Safe Community, Dungshr, to develop and promote the Shihkang Community Safety Promotion Program. Witnessed by people from national officials, Shihkang township, and Dungshr Safe Community, the inauguration ceremony of Shihkang Community Safety Promotion Center was officially held on 13th September 2005.



Hung-Chi Liu, Mayor of Shihkang Township received the inauguration plaque from Jen-Rung Wu, Chief of Child and Adolescent Health Division, Bureau of Health Promotion, Department of Health, which represents the commitment of making a great stride forward to develop a Safe Community.

Shihkang community locates at the central of Taiwan adjacent Dungshr Safe Community. The total population is over 15,000 with the population aged above 65 accounting for 14%. Tourism and agriculture are the main industries, while traffic accident, falls and cuttings are the leading causes of injury in the community.

Shihkang Community Safety Promotion Program is initiated by **Geng-Rong Syu**, Director of Taichung County Public Health Bureau and Shihkang Township Office is responsible for coordinating local public and private sectors to compose a cross-sectoral safety promotion committee. The safety issues focus on tourism, agriculture, home, school and road safety.

Leaders of working groups of Dungshr Safe Community account for supporting and assisting the Shihkang Community Safety Promotion Program. Since July 2005, the working groups have conducted educational trainings on Safe Community concepts so as to raise safety awareness and set up the common ground among community safety practitioners in Shihkang community.

Shing-Shu Huang, Executive Director of Dungshr Center for Safe Community, is responsible for guiding and motivating Shihkang Community to implement injury prevention and safety promotion projects through the experiences on promoting Dungshr Safe Community, which facilitates the development of a new community program and shortens the time to achieve the goal of building a national fifth WHO Safe Community in Taiwan. As long as Shihkang community achieves the goal, two communities, Dungshr and Shihkang, will form a Safe Community Network and create more Safe Communities in the central region.

Programme

15th International Safe Communities Conference 2006

Travelling Safari Seminar

Travel from Durban to Cape Town in Rural African Community Style

This travelling Safari Seminar has been specifically designed to accommodate the International Visitor who attends both the 8th World Conference on Injury Prevention and Safety Promotion in Durban and the 15th International Safe Communities Conference in Cape Town.

It provides the unique opportunity to travel through Africa in a luxury coach and become acquainted with the rural landscape, while combining Community Safety Site Visits with a tour through South African's biggest National Elephant Park.

Limited Space available: Book Early!

Day 1 Thursday 6 April

Leave Durban 7h00 AM

Arrive Umtata 12h00 AM

Site Visit 1 The Rural Injury Surveillance Centre Transkei

Site Visit 2 The Nelson Mandela Hospital Umtata

Leave Umtata 15h00 PM

Arrive Port Elizabeth 21h00 PM



Day 2 Friday 7 April

Site Visit 3 The Woman Safety Promotion Programme

Site Visit 4 The Addo National Elephant Park



Day 3 Saturday 8 April

Leave Port Elizabeth 7h00 AM

Arrive Mosselbaai 12h00 AM

Site Visit 5 The Youth Health & Safety Programme

Leave Mosselbaai 15h00 PM

Arrive Cape Town 20h00 PM



Contest on Traffic Calming, the Czech Republic

The Vice – Prime Minister and the Minister of Transport, Mr Milan Simonovsky awarded six community projects on traffic calming in the Czech Republic. The projects took part as a wider contest on improvement of community traffic environments in cities and villages across the Czech Republic with main task to improve road traffic safety in urban areas. Projects were evaluated by a group of experts, including of those of the Ministry of Transport, municipalities, Transport Research Centre and Universities within the wider project “Transport for the 21st Century”.



The Minister of Transport on the stage



Mr Milan Simonovsky,
the Minister of Transport

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EMS, SLRG, bfu and Children`s Hospital Lucerne.

Powerful Engagement for Injury Prevention in Childhood.

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Two major swimming pool accidents emergencing out of the daily EMS routine right in front of the annual holiday season caused the Lucerne paediatric rescue team to organise a child protection event titled "Prevention of Submersion and Swimming Pool Incidents in Childhood".

This idea and event was substantially founded by the bfu (Schweizer Beratungsstelle für Unfallverhütung/Swiss Voluntary Association for Injury Prevention), the EMS service Lucerne and the SLRG (Schweizerische Lebensrettungsgesellschaft/Swiss Life Guard Association). More even as discussions about the course of the two following typical swimming pool incidents recently managed together at our institution pointed out, that really everything should be undertaken to prevent this kind of accidents in the future.

When jumping into the public swimming basin Christian (6 years - old) crashed into another child before he sunk unconscious (because of a concussion of his head) on the ground. His father, immediately jumped after him, rescued him to the border before starting with primarily life support. On arrival of the first responder team the child was cardio-pulmonary stable. During further course near drowning and a fracture of the thoracal spine had to be added for diagnoses. Besides a fast recovery of his physical symptoms Christian unfortunately developed a posttraumatic disorder including night mares, dysaesthesia of the upper extremities and nocturnal enuresis necessitating outpatient treatment for several months.

The 8 year-old Tiziana tiptoed with her friend on the swimming pool border before she stumbled over and straddled directly on the border of the pool suffering a straddle injury. The EMS team immediately take care of the heavily bleeding perineal wound, covering it with a sterile dressing. Her wound was sutured in our A & E department, her urinary retention needed drainage by a urethral catheter. Urethra and vagina were found uninjured during endoscopic investigation.

To prevent such accidents in the future we start teaching 70 kindergarden children in an especially equipped and designed parcours in prevention of drowning incidents at June 20th and 21st, 2005. The children being eager to learn bathing rules training themselves with great enthusiasm under support and supervision of the SLRG with the rescue buoy or the rescue ball.



The great motivation and happiness of the children in their self-training encouraged us in organising more of these events in close cooperation with EMS, SLRG and bfu for future prevention of childhood accidents. For more information please contact Dr. Andreas Martin Fette. E-mail: andreas.fette@ksl.ch

Please send your activities, programs and reports via post/ e-mail to the editor:

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